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ABSTRACT

Various theories and approaches to conflict resolution and peace education are presented in the 31 resources listed in this annotated bibliography. It is divided into two sections. Section 1 contains materials designed to help adults become more effective role models for the peaceful resolution of conflict. Topics include parent/child conflicts, negotiation, control, mediation, power, interpersonal relationships, and peace strategies. Section 2 describes resources useful in establishing a positive environment and teaching conflict resolution skills. Included are a variety of books, curriculum guides, and materials to help establish a school-based mediation program and to teach conflict resolution and peace education. (SM)

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CONFLICT RESOLUTION BIBLIOGRAPHY

by

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CONFLICT RESOLUTION BIBLIOGRAPHY

This bibliography presents a wide variety of books on conflict resolution. We hope it provides you with helpful resources as you participate in the endless but rewarding process of putting creative conflict resolution to work in your own life.

"Whether we secure a lasting peace will depend upon the direction taken by individuals." Albert Schweitzer

RESOURCES TO HELP ADULTS IN THE PROCESS OF BECOMING MORE EFFECTIVE ROLE MODELS FOR PEACEFUL RESOLUTION OF CONFLICT

Crum, Thomas F. PARENTING: GIFTS IN DISGUISE - RESOLVING PARENT/CHILD CONFLICT. Englewood, Colorado: Personal Learning Institute, 1986. Audio Tape, study-guide (27 pages) and 58 minute video (The Creative Resolution of Conflict). Presents "three choices" of conflict resolution, designed to transform conflict into an opportunity to improve situations and relationships: 1) choosing to be centered 2) choosing to understand and 3) choosing to co-create. The video utilizes the martial art of Aikido as a metaphor to physically illustrate the principles of conflict resolution. Write to Personal Learning Institute, P.O.Box 3985, Englewood, Colo., 80155 for current prices. (Tel. 303-779-5991)

Fisher, Roger and Ury, William. GETTING TO YES: NEGOTIATING AGREEMENT WITHOUT GIVING IN. New York: Penguin Books, 1986. (161 pages) Written in a very readable style, this book is a wonderful conflict resolution tool. It gives practical guidelines and examples for planning and conducting negotiations. The principles can be applied within the family, at work, in classrooms, and internationally. Widely available, $5.95.

Glasser, William. CONTROL THEORY: A NEW EXPLANATION OF HOW WE CONTROL OUR LIVES. New York: Harper and Row, 1984. (240 pages) Dr. Glasser presents a practical approach to well-being, based on his "control theory". He explains that everything we do, think and feel comes from inside us and is not just a response to things and people around us. He explains and illustrates control theory in a way that allows us to learn how to better control all our actions. By making positive choices we can take effective control of our lives. Interesting chapter on conflict! $6.95, paperback, widely available.

Gordon, Thomas. PARENT EFFECTIVENESS TRAINING: THE TESTED NEW WAY TO RAISE RESPONSIBLE CHILDREN. New York: Wyden, Inc., 1970. (338 pages) This excellent book should be in everyone's library! Presents an alternative to the authoritarian approach (the children lose) and permissiveness (the parents lose). Enables parents and teachers to show children how to solve their own problems with no rancor, accusation, guilt, or shame involved. Features active listening, sending of "I" messages, and the "no-lose" method for resolving conflicts. (Dr. Gordon has also authored TEACHER EFFECTIVENESS TRAINING, Wyden, 1974, and LEADER EFFECTIVENESS TRAINING, Wyden, 1977, with the same interpersonal-relations messages adapted for different audiences.) Widely available in paperback, $7.95.

Le Shan, Lawrence. HOW TO MEDITATE: THE ACCLAIMED GUIDE TO SELF-DISCOVERY. New York: Bantam Books, 1986. (161 pages) For those who are considering the process of meditation, this is a simple, realistic, beginner's guide.

Discusses the psychological and physiological effects, the basic types of meditation and gives instructions for a number of meditations. Paperback, $3.95, widely available.

Macy, Joanna Rogers. DESPAIR AND PERSONAL POWER IN THE NUCLEAR AGE. Philadelphia: New Society Publishers, 1983. (178 pages) Examines our psychological responses to nuclear perils and lays the theoretical foundations for an empowering, personally-centered approach to social change. Included are sections on awakening in the nuclear age, relating to children and young people, guided meditations, empowerment rituals, affirmations of commitment, and a special section on "Spiritual Exercises for a Time of Apocalypse!" Powerful! Paperback, $10.95 plus $1.00 shipping to New Society Publishers, 4722 Baltimore Ave., Philadelphia, PA 19143

Paul, Jordan and Paul, Margaret. DO I HAVE TO GIVE UP ME TO BE LOVED BY YOU? Minneapolis: CompCare Publications, 1983. (313 pages) The authors, marriage counselors, present their theory about why couples behave as they do, how relationships get into trouble, and how conflict can be handled so that two people may always return to loving feelings. They claim that there are powerful hidden motives which keep people fixed in non-productive behaviors, and the only effective way to resolve conflicts and change behaviors is to understand these "blocks" to change. The book presents a process through which partners can help each other remove these obstacles. Paperback, $9.95, widely available.

Robert, Marc. MANAGING CONFLICT: FROM THE INSIDE OUT. Austin, Texas: Learning Concepts, 1982. (149 pages) The author's premise is that interpersonal conflict is best handled by those who have a clear sense of themselves and of their uniqueness. Thus, skill in conflict management requires enough realistic self-study to make appropriate behavioral choices, even under intense pressure. The book contains questionnaires (and refers to other resources) which help the individual asses his/her conflict management style. The author guides the reader through types of situations that cause conflicts and through the necessary methods of handling conflicts. This is an invaluable resource for a dedicated student of interpersonal conflict management! Contains excellent bibliography. $21.00, including shipping from University Associates, Inc., 8517 Production Ave., San Diego, CA 92121-9984.

Valett, Dr. Robert E. 100 + PEACE STRATEGIES FOR CONFLICT RESOLUTION AND THE PREVENTION OF NUCLEAR WAR. Fresno, California: Panorama West Books, 1983. (70 pages) Parents and educators can get some great ideas and information in this little book. The main part of the book consists of 100 + peace strategies and related discussion materials on conflict resolution and the prevention of nuclear war. $3.95 from Panorama West Books, 8 East Olive Ave., Fresno, CA 93728.

"Human history becomes more and more a race between education and catastrophe. " H. G. Wells

RESOURCES THAT HELP IN ESTABLISHING A POSITIVE ENVIRONMENT AND IN TEACHING OF CONFLICT RESOLUTION SKILLS

American Bar Association. MEDIATION IN THE SCHOOLS: A REPORT/ DIRECTORY/BIBLIOGRAPHY. Washington, D.C.: American Bar Association Special Committee on Resolution of Minor Disputes, 1985. (115 pages) A collaborative effort of the American Bar Association, the National Association for Mediation in Education and the National Institute for Dispute Resolution, this publication reports on some 45 school-based (K-12) mediation programs. Includes names and addresses of project contact persons, for further inquiry. Write and inquire re. cost to Special Committee on Dispute Resolution, American Bar Association, 1800 M St. N.W., Washington, D.C. 20036.

Bickmore, Kathy. ALTERNATIVES TO VIOLENCE. Cleveland: Alternatives to Violence Cleveland Friends Meeting, 1984. (126 pages) Presents an introductory course in creative conflict resolution, structured in twenty 45-minute sessions. Suitable for teens and adults. $6.95, plus $1.00 for postage and handling, from Alternatives to Violence Cleveland Friends Meeting, 10916 Magnolia Drive, Cleveland, Ohio 44106, or from WCPRC (see * on last page).

Carpenter, Susan. A REPERTOIRE OF PEACE MAKING SKILLS. Consortium on Peace Research, Education and Development and the Institute for World Order, 1977. (66 pages) Excellent book of peace making skills and suggestions for putting them into practice. Includes bibliography and listing of peace related organizations. Suitable for grades 8-12. $3.50, Order through WCPRC.

Condon, Camy and McGinnis, James. PUPPETS FOR PEACE. St. Louis: The Institute for Peace and Justice, 1984. (44 pages) Guidebook, instructions, and scripts for intergenerational, participatory puppetry on conflict resolution, cooperation, competition, the arms race, and peacemaking. Wonderful resource for schools, churches, camp, etc. $4.50 plus $1.00 shipping, from WCPRC.

Crary, Elizabeth. KIDS CAN COOPERATE: A PRACTICAL GUIDE TO TEACHING PROBLEM SOLVING. Seattle: Parenting Press, Inc., 1984. (102 pages) This helpful book is directed at parents, but is equally applicable for classroom use. The author's position is that problem solving can be taught directly by teaching the negotiation process or indirectly by modeling the skills. She focuses on how adults can help children understand and develop the skills needed to solve their problems themselves. Suitable for preschool - grade 6. $9.00 postpaid from Parenting Press, Inc., Suite 400, 7750 31st Ave. N.E., Seattle, WA 98115.

Educators for Social Responsibility. PERSPECTIVES: A TEACHING GUIDE TO CONCEPTS OF PEACE. Boston: Educators for Social Responsibility, 1983. (402 pages) A comprehensive sourcebook of hundreds of ideas, activities, and curriculum material that challenge students to create active definitions of peace; explores conflict resolution; asks students to imagine and act on ways to begin creating a more hopeful future. Organized for the K-6 classroom and for the 7-12 classroom. $14.00 plus $2.50 shipping from Educators for Social Responsibility, 23 Garden St., Cambridge, MA 02138.

Felker, Donald W. BUILDING POSITIVE SELF-CONCEPTS. Minneapolis: Burgess Publishing Co., 1974. (135 pages) This book follows the development of self-concept from early infancy to childhood through adolescence. At each stage, appropriate action for teachers and parents to take is suggested. The book concentrates on self-esteem and what the teacher can do to encourage the development of self-esteem and to help children with a negative self-concept. Suitable through adolescence. Paperback, approximately $9.00, possibly available through university bookstore.

Finn, Mary and Murray, Rosemary. FRIENDLY CREATURE FEATURES: CONFLICT RESOLUTION PUPPETS AND WORKSHOPS GUIDE BOOK FOR PRIMARY GRADES. Buffalo, N.Y.: Western New York Peace Center. (80 pages plus appendices and bibliographies) Based on the premise that peace education for young, primary grade children should deal not with the topic of nuclear war, but with the forms of violence and aggression which they experience in their personal lives. Puppet shows and conflict resolution workshops are presented in five units: (1) Similarities and Differences, (2) Communication and Cooperation, (3) Caring and Sharing, (4) Group Decision Making, and (5) Puppetry. Workshops utilize puppets, role-plays, pantomimes, non-competitive games, dramatic and creative visual arts. They can be incorporated into one of the traditional classroom subjects or taught separately, and can be used also in Sunday schools, "Y" groups, Scout troops, or Community Centers. Suitable for K-5. An accompanying videotape of puppet shows is optionally available. Write for price list to Western New York Peace Center, 472 Emslie, Buffalo, N.Y. 14212.

Fugitt, Eva D. "HE HIT ME BACK FIRST!": CREATIVE VISUALIZATION ACTIVITIES FOR PARENTING AND TEACHING. Rolling Hills Estates, CA: Jalmar Press, 1983 (106 pages) Useful and easy to apply techniques to help children take responsibility for their actions, to develop self-discipline, self esteem, a creative imagination and more. Suitable K-6, for school or home.

Glasser, William. CONTROL THEORY IN THE CLASSROOM. New York: Harper and Row, 1986. (144 pages) Dr. Glasser presents his "control theory" in an analysis of the problems our secondary schools are having in motivating many students to learn. He translates control theory into a classroom model of motivated, cooperative learning. Has instantly usable ideas for teachers. Suitable mainly for 7-12. Paperback, $5.95, widely available.

Judson, Stephanie (Ed.) A MANUAL ON NONVIOLENCE AND CHILDREN. Philadelphia: New Society Publishers, 1984. (152 pages) This excellent manual contains more than a hundred exercises, games, and agendas which help children gain a concrete understanding of the value of cooperation and interdependence. It includes sections on affirmation, creating an environment, facilitating meetings, parent support groups, and bibliographies. Suitable for K-6. $9.95 plus $1.50 shipping (paperback) from New Society Publishers, 4722 Baltimore Ave., Philadelphia, PA 19143. Locally available at Children's Book and Music Center, Santa Monica, CA 90404. (Tel. 213-829-0215)

Kreidler, William J. CREATIVE CONFLICT RESOLUTION: MORE THAN 200 ACTIVITIES FOR KEEPING PEACE IN THE CLASSROOM, K-6. Glenview, Illinois: Scott Foresman and Company, Good Year Books, 1984. (216 pages) This invaluable book contains over 20 conflict resolution techniques with examples, 14 reproducible worksheets, and more

than 200 class-tested activities and cooperative games. Each activity includes suggested grade level, a list of materials needed, and step-by-step procedures. This is a *fantastic* resource for grades K-6! Paperback is $10.95 plus tax and shipping, total $13.66, from Social Studies School Service, 10000 Culver Blvd., Dept. 13, Culver City, CA 90230

Mental Health Association in Los Angeles County. (1) THE MENTAL HEALTH YOUTH AWARD HANDBOOK and (2) ADVISER'S GUIDE. Los Angeles County: Mental Health Association, 1983. (1) 50 pages and (2) 108 pages. The Mental Health Youth Award was created to promote positive attitudes about mental health, and to prevent mental illness by helping students develop good mental health practices. Believing that mental health is enhanced by high self-esteem, good relationships with others and effective problem solving skills, the units provide activities and worksheets designed to develop these in youth. These well-planned activities can be used in classrooms and youth groups. Suitable for grades 4, 5, and 6 and adaptable for 7, 8, and 9. Free from Mental Health Association in Los Angeles County, 930 Georgia St., Los Angeles, CA 90015, (Tel. 213-629-1527).

Palomares, Uvaldo, and others. A CURRICULUM ON CONFLICT MANAGEMENT: PRACTICAL METHODS FOR HELPING CHILDREN EXPLORE CREATIVE ALTERNATIVES IN DEALING WITH CONFLICT. Spring Valley: Human Development Training Institute, 1975. (132 pages) This basic guide to conflict management in the classroom not only teaches how to manage conflict but how to teach children to manage conflict. Helps teachers to view conflict as a win/win opportunity. Incorporates use of the magic circle (for helping students get in touch with and appropriately express their feelings about conflict), role-playing, and puppetry. Suitable for K-6. $7.95 plus $2.00 shipping (paperback) from Palomares and Associates, P.O. Box 1577, Spring Valley, CA 92077. Films are also available.

Park, Mary Joan. PEACEMAKING FOR LITTLE FRIENDS. Saint Paul, MN: Little Friends for Peace, 1985. (57 pages) Contains 12 peacemaking lessons for children, suggestions for classroom activities and peacemaking skills, and an excellent bibliography and list of helpful groups. Suitable for ages 4-12. $6.95 plus $1.00 postage, from WCPRC.

Pomainville, Martha; Blankenship, Cynthia; and Stanford, Barbara. CONFLICT RESOLUTION. New York: Learning Ventures/Bantam Book, 1977. (21 pages) A learning module containing ten lessons on types and causes of conflict and techniques for resolving personal and group conflicts. Activities include discussion, role-playing, active listening, analysis of books, and essay reading. Suitable for high school, especially for integration into English and/or History classes. $.75 each, from WCPRC.

Prutzman, Priscilla, and others. THE FRIENDLY CLASSROOM FOR A SMALL PLANET: A HANDBOOK ON CREATIVE APPROACHES TO LIVING AND PROBLEM SOLVING FOR CHILDREN. New Jersey: Children's Creative Response to Conflict Program, 1978, (109 pages) A wonderful collection of games and exercises that are fun and teach cooperation, communication, affirmation, and conflict resolution skills. Suitable for K-6. $6.95 plus $1.00 postage, from WCPRC.

Schmidt, Fran and Friedman, Alice. CREATIVE CONFLICT SOLVING FOR KIDS. Miami Beach: Grace Contrino Abrams Peace Foundation, Inc., 1985 (71 pages) An excellent interdisciplinary conflict resolution unit which will complement objectives

in language arts, social studies, and science. Students are actively involved in discovering new and creative ways to manage conflict through brainstorming, roleplaying, problem solving, creative writing, etc. Forty pages of reproducible student worksheets, plus a thirty-one page teacher's guide. Suitable for grades 4-9. $13.95 plus $1.00 for postage and handling, from The Grace Contrino Abrams Peace Education Foundation, P.O. Box 19-1153, Miami Beach, FL 33119.

Teaching in the Nuclear Age. LET'S TALK ABOUT PEACE - LET'S TALK ABOUT NUCLEAR WAR. Oakland: Teaching in the Nuclear Age, 1983. (141 pages) A peace curriculum organized into seven units: (1) Expressing Thoughts and Feelings, (2) What Makes An Enemy, (3) Peace as a Process, (4) History of Nonviolence, (5) War and Nuclear Facts, (6) Survival of the Cooperative: Examples of Cooperation in Nature and Society, and (7) Action and Empowerment. Approximate grades 4-8. $9.00 plus $1.00 postage from WCPRC.

Wallace, Rochelle, (Ed.). POSITIVE RESOLUTION OF CONFLICT: TECHNIQUES, TOOLS AND THEORIES. Anacortes, Washington: American Association of University Women, 1984. (28 pages) Excellent small pamphlet, presenting ideas for resolving conflict at home and in a warring world. Basic premise is that conflict is *opportunity*. Contains extensive bibliography. Send $1.50 to: Conflict Resolution Booklet, c/o R. Wallace, 818 28th St., Anacortes, WA 98221. (make check out to: AAUW, Anacortes Branch).

Weiss, Evelyn (Ed.). CHILDREN'S SONGS FOR A FRIENDLY PLANET. New York: Riverside Church Disarmament Program, 1988. (112 pages) Fantastic compilation of songs, including ways to use them, plus information about countries, song writers, peacemakers, etc. Recommended for K-6, but can be used by all ages. Including postage, $6.75 each, from Riverside Church Disarmament Program, Riverside Church, 490 Riverside Dr., New York, NY 10027.

* Wilmington College Peace Resource Center, Hiroshima/Nagasaki Memorial Collection. Address: Pyle Center, P.O. Box 1183, Wilmington, Ohio 45177. (Tel. 513-382-5338). Write for complete resource list. Postage costs on total order:

Under $10	1.00
10.01-15.00	1.50
15.01-20.00	2.00
20.01-25.00	2.50

Over $25.00, add 10%

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